

# Wasatch Front Walk to Emmaus

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February 2018

## February 2018

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# Wasatch Front Emmaus News!

The Goal for this newsletter is to promote and encourage growth. Growth in our relationship with God, with others and as a community.



Wasatch Front Walk to Emmaus



### Upcoming Events

[CLICK HERE FOR CALENDAR](#)

DATE	EVENT	TIME	LOCATION
<b>03/10/2018 New Date</b>	Training Session #2	9 AM to 5 PM	Community UMC
03/24/2018	Training Session #3	9 AM to 5 PM	<b>Hilltop UMC</b>
04/13/2018	Short Script Review	6 PM to 8 PM	To be determined
04/14/2018	Training Session #4	9 AM to 5 PM	Community UMC
<b>04/26/2018</b>	<b>Teams arrive;</b>	<b>Noon</b>	<b>Big Canyon Ranch</b>
<b>04/26/2018</b>	Men's Walk Commissioning	5:30 PM	Big Canyon Ranch
04/26-29, 2018	Men's Walk	7 PM (Pilgrims Arrive)	Big Canyon Ranch
<b>05/03/2018</b>	<b>Teams arrive;</b>	<b>Noon</b>	<b>Big Canyon Ranch</b>
<b>05/03/2018</b>	Women's Walk Commission-	<b>5:30 PM</b>	<b>Big Canyon Ranch</b>
05/03-06/2018	Women's Walk	7 PM (Pilgrims Arrive)	Big Canyon Ranch



## SPECIAL EDITION!

This edition is dedicated to the upcoming walks

We are so **EXCITED** to offer our pilgrims a wonderful atmosphere to attend the 2018 Wasatch Front Walk to Emmaus.

Su	Mo	Tu	We	Th	Fri	Sat
				1	2	3
4	5	6	7	8	9	<b>10</b>
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

### CALENDAR EVENTS

- **Training Session #2**

**March 10— Community UMC**

### WALK SCRIPTURE!

Women's—Ephesians 4:1-2

"I, therefore (Paul), the prisoner of the Lord, urge you to live (and serve) in a way that is worthy of the calling to which you have been called, demonstrating all expressions of humility, gentleness, and patience, accepting one another in love."

Men's -Matthew 22:36-40

<sup>36</sup> "Teacher, which is the great commandment in the Law?" <sup>37</sup> And He said to him, "YOU SHALL LOVE THE LORD YOUR GOD WITH ALL YOUR HEART, AND WITH ALL YOUR SOUL, AND WITH ALL YOUR MIND." <sup>38</sup> This is the great and [a]foremost commandment. <sup>39</sup> The second is like it, 'YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF.' <sup>40</sup> On these two commandments depend the whole Law and the Prophets."

## REMEMBRANCE... *Remembering His words..*

**“Do this in Remembrance of Me.”**



*These are the words of Jesus to his Disciples at the Last Supper.*

### Lay Director’s Vision for 2018 Walk

During the Training session at Big Canyon Ranch, the Lay Directors presented their vision for the upcoming walks.

The visions were based on the Scripture presented by each Lay Director as found on page 1 of the newsletter.

The following was presented as food for thought for the Men’s Walks as it pertains to the support team’s:

I believe we are ALL called by God here today to fulfill these two commands. First to Glorify God and Second, to pour our love upon both our team and the Pilgrims.

I was a pilgrim in 2016 and that experience for me, like many of you I am quite sure, was life changing. I say that because it ties into our great WHY!

What we do starting today matters not only to GOD, but to Christian brothers and sisters who’s lives will be **forever** changed because of our efforts.

There is a Team Cannon of guiding principles to follow. In a nutshell, it can be simplified by a single phrase “ITS NOT ABOUT ME”.

With humble hearts, may we serve to Glorify our Lord and be a living example of God’s Grace to all those participating in this Walk.  
~DeColores

*What we do starting today matters not only to GOD, but to Christian brothers and sisters who’s lives will be forever changed because of our efforts*

### PRAYER NEEDED...

Please let us know of anything you would like the community to pray for.

Please send Requests and Gratitude messages with the subject EMMAUS PRAYER to:

[wasatchemmaus@gmail.com](mailto:wasatchemmaus@gmail.com)

### Prayer

It is with great sorrow that we announce the passing of Bud Clark on January 29th. Bud has been an active member in our community and will be greatly missed. Please pray for Bud’s family. We can celebrate his reunion with our Lord and Savior but his presence here with us will be greatly missed.

Please continue to pray for Pilgrims, sponsors and those who will be serving in the 2018 Walk. We are in the planning stages and pray for the hearts of the community to be moved to serve.

## FOURTH DAY!

**Romans 12:5** states; “So we, though many, are one body in Christ, and individually members one of another.”

For those who have not taken the opportunity to become part of a Forth Day group, we encourage you to do so. Much of our success as disciples and as Christians relies on fellowship.

Through fellowship, we are able to continue to grow and to encourage others in their walk.



*Remain Focused*

**FOURTH DAY GROUPS:** (If one will not work, or your group is not listed, please contact Paul at [wasatchemmaus@gmail.com](mailto:wasatchemmaus@gmail.com).)

### Men's:

**Wednesdays 7am**—Left Fork Grill (68 W 3900 S , Salt Lake) - Dennis 435-512-2186

**Friday 7am**—Dee’s Restaurant (4700 S Redwood Rd, Kearns) -

**Saturdays (2nd&4th) 9am—10am**—Community UMC 163 W 4800 S Ogden 84405 - Gary 970-371-5129

### Women's:

**Wednesday 7pm** - Homes (West Jordan, So Jordan, Riverton) - Nancy 801-915-4304

**Saturdays 8:30am**— High Point Coffee (7800 S. 1735 W. off Redwood Rd )

**Saturdays (1st&3rd) 8:30am—9:30am**—Community UMC 163 W 4800 S Ogden 84405 - Pam 801-540-3205



## A PILGRIMAGE

Psalm 121:1-2 (Common English Bible)

### A pilgrimage song.

**121** I raise my eyes toward the mountains.

Where will my help come from?

<sup>2</sup> My help comes from the Lord,  
the maker of heaven and earth.

The mountains were beautiful! The day was God-breathed. The planning meeting on February 10, at Big Canyon Ranch was amazing. But, oh my, we are going to have to take a deep breath so that we can be open to the challenges and blessings of this new site.

Things will be different. The experiences of our 2018 pilgrims will not mimic our experiences in the basements of churches. We have precious memories of our Emmaus Walks. These are our memories, and we need to claim them as our own. But we also need to be open to God's movement during the Emmaus week-ends in this location. We have heard that other Walks, held at other camps, were wonderful. Our walk at Big Canyon Ranch will be wonderful as well - not just because of the location, but primarily because of the content of the week-end, AND BECAUSE OF OUR LOVING CARE OF THE PILGRIMS.

Yes, there are some logistical issues to be worked out but if we remain calm and focused, our pilgrims will never know this. Yes, we will probably learn some things from this first foray into the mountains. Yes, we will change some things next time. However, the accommodations, the location, and the staff at Big Canyon Ranch are going to allow us to more fully focus on our primary task of sharing the Good News of God's transforming love and grace.

We are being given the opportunity to share the story of God's grace in a location which is beautiful and comfortable. Things will be different and wonderful.

Olga

## SPONSORSHIP

### HOW DO WE SPONSOR?

1. Pray for the person's openness to God's call to discipleship, not for how to get him or her to go on a walk.
2. Make an appointment with the person or couple for the person of discussing participating in Emmaus.
3. Extend an invitation; invite the prospective pilgrim to attend for the sake of a more vital relationship with Jesus Christ, not just an event to go to. Share your faith; explain the basic elements of the Walk, its' purpose, and follow-up dimensions that help us live in grace for the rest of our lives. Take the attitude that you are giving the person a wonderful gift rather than that he or she needs to go.
4. Ask the person to make a commitment by filling out the registration form. If the person is married, speak with both partners and encourage equal commitment by both.

Sponsorship is an act of love for God, for the pilgrims, for the Emmaus community, and for the church. It demonstrates agape love, making us instruments of prevenient grace.



## BOARD CONTACTS

Community Lay Director	Phil Evans	801-259-2660	phillip.evans@xmission.com
Spiritual Director	Gary Haddock	801-761-6453	gary.haddock@community-umc.net
Vice Lay Director	Jerry Selbo	801-918-0982	selboj@yahoo.com
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Kitchen Coordinator	Pam Ford	801-540-3205	pamaford@aol.com
Pre-Walk Registrar	Terry Waite	801-809-6190	terwaite@aol.com
Member at Large	Dennis Shaw	801-889-7013	Pastor@hilltopumchurch.org

### New Website

The Wasatch Front WTE is in the process of making [website changes](#).

PLEASE VISIT THE SITE AND PROVIDE FEEDBACK TO:

[wasatchemmaus@gmail.com](mailto:wasatchemmaus@gmail.com)

### Musical Resources Needed

If you have wanted to learn guitar and work towards becoming a musical resource, please contact **Susan Jelus**. She is offering guitar lessons to teach songs and cords.

[susanjelus@gmail.com](mailto:susanjelus@gmail.com)

### Tid Bit

#### Discover the healthy benefits of helping others

It's true. Studies show that volunteering has two benefits: You help others and you are helping yourself. Research demonstrates that volunteering:

#### Improves physical well-being.

Those who engage in volunteer activities are less likely to suffer from poor health later in life.

#### Raises self-confidence and self-esteem.

The experience of helping others can lead to a sense of greater self-worth and confidence. And volunteering can provide you with a sense of purpose, especially in tough times.

#### Encourages friendships that buffer against stress and illness.

Volunteering gives you the chance to meet and connect with new people, in new settings. It helps you build social ties that can help fight feelings of isolation during difficult times.

#### May help you live longer.

Even when controlling for other factors such as age, health, and gender, research has found that when people volunteer, they are more likely to live longer. And the earlier you start, the better. People who volunteer at an earlier age in their lives experience better health outcomes later on in life.

## GRACE AROUND THE WORLD!

### Calling All Angels!



#### Calling all Angel's.

We have all been so blessed to have someone love us enough to sponsor us in a Walk to Emmaus. That blessing was compounded by those who served during our Pilgrimage. The message of God's Love and Grace was not only presented to us in talks, but

demonstrated to us in the loving service of those who worked our walk.

In Hebrews 2:11, the Author says to believers; "Both the one who makes people holy (Jesus) and those who are made holy (Believers) are of the same family. So Jesus is not ashamed to call them brothers and sisters"

Emmaus is a community in which we can minister and serve our brothers and sisters, to be God's instruments in their spiritual growth, in there being perfected through God's love.

Let us not forget how our Emmaus experience has impacted our lives and the lives of those around us. We have a wonderful opportunity before us today. An opportunity to positively impact our communities and the Body Of Christ.

Let us not take lightly our calling. If you have not already done so, please consider becoming a part of the 2018 Walk to Emmaus support team.

Paul Guidash—[paulguidash@gmail.com](mailto:paulguidash@gmail.com)  
Roni Haddock—[ronihaddock57@gmail.com](mailto:ronihaddock57@gmail.com)



## FROM THE BOARD

### Board Goals for 2017

1. Include more Clergy from outside our present community to attend and participate in future Walks to Emmaus.
2. The community should provide a schedule for monthly meetings which should provide six months in advance of future Walks to Emmaus.
3. Investigate the possibility of using a Conference Center to house and feed future Walks to Emmaus.
4. Receive and listen to objections of past participants of the last walk.
5. Communicate better within the Walk to Emmaus community, pilgrims, Clergy, and volunteers.
6. Reach out to get broader participation from non-denominational and other mainline Christian Churches.

These goals were discussed and it was agreed the Communications and Planning actions must start right away for the Walk to Emmaus for 2018.




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*“Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.” --Philippians 4:8*

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## DWELL ON THESE THINGS



It seems like there's more and more demands on my attention these days. I used to think that was just my imagination, but there is empirical evidence to the contrary! When I was a kid, television was limited to three television channels and our antenna would only pull in two of them! Today there are hundreds of channels and many of them bestow really stupid stuff or worse, bad news.

This is before I check my overflowing email and text messages or continuing education. Please don't think less of me, but I simply do not have the courage to sign up for Twitter or Instagram.

In his letter to the church in Philippi and us, Paul encourages Christians to rejoice in the Lord, to be anxious for nothing because the Lord is near. He also provides us with a prescription:

*“Finally, brethren, whatever is true, whatever is honor-*



*able, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.” --Philippians 4:8*

The Walk to Emmaus gives us the chance to withdrawal from the noise and disruptions of everyday life and focus on the true, honorable, right, pure, and lovely. We have the chance to dwell on that which is of eternal worth. Even if we can't be involved directly, we can make this opportunity available to someone else.

I encourage you to participate in the walks this year by serving in the conference room, the background, during candlelight or the closing. You can share in sponsoring a pilgrim, you can pray for the lay directors and the team members.

Another way to participate is to support the walks financially. Consider a tax deductible contribution to the Wasatch Front Walk to Emmaus. You can mail this to our treasurer, Teri Fellenz, 45 S. 200 E., Willard, UT 84340 or contact her at [jtfellenz@comcast.net](mailto:jtfellenz@comcast.net).

Thank you for your faithfulness.

De Colores!  
Phil  
Wasatch Front Lay Director