

Wasatch Front Walk to Emmaus

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June 2018

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WASATCH FRONT WALK TO EMMAUS



Wasatch Front Emmaus News!

The Goal for this newsletter is to promote and encourage growth. Growth in our relationship with God, with others and as a community.

The Walk to Emmaus is a spiritual renewal program intended to strengthen the local church through the development of Christian disciples and leaders.



Wasatch Front Walk to Emmaus

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CALENDAR EVENTS

Board Meeting July 21st

Aldersgate UMC

[235 E 850 S, Brigham City, UT 84302](#)

Gathering July 21st 2018

3pm-5pm

[Watkins Park](#)

600 W Forrest Street

Brigham City, UT 84302



Upcoming Events

[CLICK HERE FOR CALENDAR](#)



Have you found your 4th Day Reunion Group?

Find encouragement and encourage others through a reunion group. We have added a new group and are looking forward to started others.

As part of our growth as disciples, we are encouraged by God's word to fellowship with other believers.

1 Thessalonians 5:9-11 *"For God did not appoint us to suffer wrath but to receive salvation through our Lord Jesus Christ. He died for us so that, whether we are awake or asleep, we may live together with him. Therefore encourage one another and build each other up, just as in fact you are doing."*

Hebrews 4:15

For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things as we are, yet without sin.



REMEMBRANCE... *Remembering His words..*

“Do this in Remembrance of Me.”

The Lord's Table



These are the words of Jesus to his Disciples at the Last Supper.

Matthew 20:28

even as the Son of Man came not to be served but to serve, and to give his life as a ransom for many.”

Pride first appears in the Bible in Genesis 3, where we see the devil, that “proud spirit” as John Donne described him, using pride as the avenue by which to seduce our first parents. Taking the form of a serpent, his approach was simple yet deadly. First, he arrogantly contradicted what God had said to Eve about eating the forbidden fruit and charged God with lying.

This shocking rejection of God’s word introduced Eve to the previously unknown possibility of unbelief and was intended to arouse doubt in her mind about the truthfulness and reliability of God

In the next breath, the devil drew her into deeper deception by contending that God’s reason for lying was to keep her from enjoying all the possibilities inherent in being Godlike. This clever ploy was aimed at undermining her confidence in the goodness and love of God and arousing the desire to become as God.

Pride can be simply stated as self-reliance vs. God-reliance. We would do well to constantly practice God-reliance. Jonathan Edwards said, “We must view humility as one of the most essential things that characterizes true Christianity.” Our perspective on humility can be radically changed if we will ponder and meditate on the greatest example of humility in history: Jesus Christ

~ De Colores

“Some never get started on their destiny because they cannot humble themselves to learn, grow, and change.”

Author unknown

PRAYER NEEDED...

Please let us know of anything you would like the community to pray for.

Please send Requests and Gratitude messages with the subject EMMAUS PRAYER to:

wasatchemmaus@gmail.com

Prayer

Please let us know your Prayer requests as well as your Praises! God is faithful!

FOURTH DAY!

Romans 12:5 states; **“So we, though many, are one body in Christ, and individually members one of another.”**

For those who have not taken the opportunity to become part of a Forth Day group, we encourage you to do so. Much of our success as disciples and as Christians relies on fellowship.

Through fellowship, we are able to continue to grow and to encourage others in their walk.



Remain Focused

FOURTH DAY GROUPS: (If one will not work, or your group is not listed, please contact Paul at wasatchemmaus@gmail.com.)

Men's: * NEW GROUP HAS BEEN ADDED

Tuesdays 8am—Wasatch Grind and Pulp ([10555 S. Redwood Road](http://10555.S.Redwood.Road)) - Phil 801-259-2660

Wednesdays 7am—Left Fork Grill (68 W 3900 S, Salt Lake) - Dennis 435-512-2186

Friday 7am—Dee’s Restaurant (4700 S Redwood Rd, Kearns) -

Saturdays (2nd&4th) 9am—10am—Community UMC 163 W 4800 S Ogden 84405 - Gary 970-371-5129

Women's:

Wednesday 7pm - Homes (West Jordan, So Jordan, Riverton) - Nancy 801-915-4304

Saturdays 8:30am— High Point Coffee (7800 S. 1735 W. off Redwood Rd)

Saturdays (1st&3rd) 8:30am—9:30am—Community UMC 163 W 4800 S Ogden 84405 - Pam 801-540-3205



MAKING SPACE

Dear Friends,

What wonderful week-ends we had! There were challenges in adapting to our new site, but all in all, both the Pilgrims and the teams grew in love and faithfulness during their walks. I am still energized and exhausted from our time together. The mountain location added so much depth to the experience. God's creation spoke to us of God's majesty. We felt God's peace and God's power. Our spirits were refreshed by God's Spirit. I pray that those who suffered from health issues are completely healed.

So how are you doing with your Fourth Days? If you think you have a hard time, making space for an accountability group, join the club. It is hard maintaining the energy from the week-end when you come down from the mount top. And if you think you have excuses, try being a pastor! I have excuses to spare. After all, I am immersed in God's work every day. Why would I need another meeting or another prayer group?

Well, I do need this time with my fellow pilgrims. Every week my "Fourth Day/Prayer and Share Group" sustains me on my journey with Christ. The questions on the little tan card just get the ball rolling. The support and encouragement we offer to each other sustains us throughout the week. It is so easy to slip into old habits. It is so easy to miss seeing Christ in our world, in our lives, and in our companions. I need this regular check-in, not just to keep me from messing up, but also to remind me of how God is ever present in the midst of the everydayness of my life.

If you have not begun the habit of meeting or if you have let a previous good habit slip away, I encourage you to renew your commitment. I am sure you will be blessed,

De Colores,

Rev. O

SPONSORSHIP

HOW DO WE SPONSOR?

1. Pray for the person's openness to God's call to discipleship, not for how to get him or her to go on a walk.
2. Make an appointment with the person or couple for the person of discussing participating in Emmaus.
3. Extend an invitation; invite the prospective pilgrim to attend for the sake of a more vital relationship with Jesus Christ, not just an event to go to. Share your faith; explain the basic elements of the Walk, its' purpose, and follow-up dimensions that help us live in grace for the rest of our lives. Take the attitude that you are giving the person a wonderful gift rather than that he or she needs to go.
4. Ask the person to make a commitment by filling out the registration form. If the person is married, speak with both partners and encourage equal commitment by both.

Sponsorship is an act of love for God, for the pilgrims, for the Emmaus community, and for the church. It demonstrates agape love, making us instruments of prevenient grace.



New Website

The Wasatch Front WTE is in the process of making [website changes](#).

PLEASE VISIT THE SITE AND PROVIDE FEEDBACK TO:

wasatchemmaus@gmail.com

Musical Resources Needed

If you have wanted to learn guitar and work towards becoming a musical resource, please contact **Susan Jelus**. She is offering guitar lessons to teach songs and cords.

susanjelus@gmail.com

Tid Bit

The DNA of a Disciple

Dr. Mark L. Bailey, president of Dallas Theological Seminary, describes the essential spiritual components in our makeup as disciples: (1) loving Christ deeply, (2) abiding in God's Word, (3) denying ourselves, (4) taking up our cross daily, (5) following Christ, (6) giving up everything, and (7) loving others.

I understand you have been interested in the subject of discipleship for a long time.

Yes, I am indebted to the late author Stanley Ellisen, who almost thirty years ago first launched my study into the way Jesus developed His disciples. I also need to give credit to another author, William MacDonald, who reinforced my study in focusing on the specific characteristics that mark a disciple. Of special interest is the fact that Jesus chose His twelve for two reasons: "that they might be with him and that he might send them out" ([Mark 3:14](#)). Before they could minister effectively they needed to spend time with Him.

[Read More Here](#)

BOARD CONTACTS

Community Lay Director	Phil Evans	801-259-2660	phillip.evans@xmission.com
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GRACE AROUND THE WORLD!

Puerto Rico Reunion Group Leaders



The Emmaus Community of Puerto Rico had its first push for the formation of Reunion Groups with 60 ecumenical leaders from around the island on Saturday, April 7. The successful one-day event, which utilized a train-the-trainer model, consisted of lectures and practical exercises to promote a greater understanding of the Reunion Group meeting, its importance in the development of discipleship and spirituality, and its effective functioning.

As part of this new journey, pilgrims committed to initiate and participate in a Reunion Group in their respective area. Attendees represented a diverse group of churches, including Disciples of Christ, Methodists, United Evangelicals, Nazarenes, Wesleyans, First Union Church, Pentecostals, among others. These individuals will also serve as leaders in the training of other potential Reunion Group leaders.

As these pastors and laypersons begin to implement and sustain the new Reunion Groups, the Board of Directors of the Emmaus Ministries community in Puerto Rico will be providing necessary support.

This event was co-sponsored by The Upper Room and the Emmaus Community of Puerto Rico

FROM THE BOARD

Board Goals for 2017

1. Include more Clergy from outside our present community to attend and participate in future Walks to Emmaus.
2. The community should provide a schedule for monthly meetings which should provide six months in advance of future Walks to Emmaus.
3. Investigate the possibility of using a Conference Center to house and feed future Walks to Emmaus.
4. Receive and listen to objections of past participants of the last walk.
5. Communicate better within the Walk to Emmaus community, pilgrims, Clergy, and volunteers.
6. Reach out to get broader participation from non-denominational and other mainline Christian Churches.



These goals were discussed and it was agreed the Communications and Planning actions must start right away for the Walk to Emmaus for 2018.

“ Let this mind be in you which was also in Christ Jesus: Who, existing in the form of God, did not consider equality with God something to cling to, but emptied Himself, taking the form of a servant, being made in human likeness. .”
--Philippians 2:5-7

HUMILITY OF CHRIST



When Benjamin Franklin was a young man he made a list of twelve virtues he desired to grow in over the course of his life. He showed it to a friend, who suggested he add "humility" to it. Franklin liked the idea. He then added some guidelines to help him with each item on the list. Among Franklin's thoughts about humility, he held up Jesus as an example to emulate.

Jesus shows us the ultimate example of humility. God's Word tells us, "In your relationships with one another, have the same mindset as Christ Jesus: Who, being in the very nature of God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant" (Philippians 2:5--7).

Jesus demonstrated the greatest humility of all. Though eternally with the Father, He chose to bend beneath a cross in love so that through His death He might lift any who receive Him into the joy of His presence.

We imitate Jesus's humility when we seek to serve our heavenly Father by serving others. Jesus's kindness helps us catch a breathing glimpse of the beauty of setting ourselves aside to attend to others' needs. Aiming for humility isn't easy in our "me first" world. But as we rest securely in our Savior's love, He will give us everything we need to follow Him.

Well the truth is that I took every word of this from the June edition of "Our Daily Bread." This isn't just about my lack of creativity, it is about how you conducted yourselves during our recent walks. Philippians also contains this instruction: "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others."

Lord help us as we humble ourselves every day of our lives.

Thank you for your gifts of service!

De Colores!
Phil
Wasatch Front Lay Director

