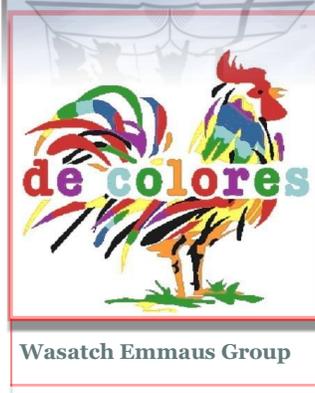


Wasatch Emmaus Community

www.utwte.org



Join us on Facebook



November 2019

The Goal for this newsletter is to promote and encourage growth. Growth in our relationship with God, with others and as a community.

The Walk to Emmaus is a spiritual renewal program intended to strengthen the local church through the development of Christian disciples and leaders.

2020 Walk Dates

Men's (Rob Garrison) — April 23-26

Women's (Audrey Rowley) — April 30- May 3

Upcoming Events

GCBC

Board Meeting & Gathering

January 18, 2020

Board Meeting 1—3 pm

Gathering 3—5 pm

WHO BENEFITS FROM AN EMMAUS WEEKEND ?



Disciples of Christ

Emmaus is open to members of any Christian denomination. Emmaus is for the development of Christian leaders who:

- Are members of a local church
- Have a desire to strengthen their spiritual lives
- May have unanswered questions about their faith
- Understand that being a Christian involves responsibility
- Are willing to dedicate their everyday lives to God in an ongoing manner

November 2019

Su	Mo	Tu	W	Th	Fri	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

CALENDAR EVENTS

January 18, 2020
Board Meeting
 1 - 3 pm
Gathering
 3 - 5 pm

[Grace Community Bible Church](#)

[11592 1300 E. Sandy, UT 84094](#)

Philippians 4:6-7

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

John 14:27 -

Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.

Message For The Community

Anxiety —

I was recently reading an article on Anxiety. What made this article extraordinary to me was that it quoted Philippians 4:6-7 “Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus”

The article stated the most highlighted Bible passage in Kindle ebooks, was Philippians 4:6-7. Our world is combatting issues with being anxious. We are seeing evidence of this everywhere we look. Youth suicide rates, acts of violence, and perhaps this is a cause in the division within our country.

In the scientific field, research is being done to improve on the medications and therapy for treating anxiety and depression. One study is looking at the “Love Hormone”, Oxytocin, which is naturally produced, as a way to combat anxiety and depression.

The bible tells us a lot about love as well as anxiety. Surely, God has a significant part in combatting anxiety and depression. First, He is our source of Love and second, as we grow

to trust Him more and more, we receive His Peace. The Peace Jesus speaks to us about just before His death in John 14:27.

What a comfort to have the Peace from God to lean on in our times of trouble. Perhaps we should remember this as we visit with loved ones over the Holiday season. Especially when visiting those who do not have a personal relationship with Christ Jesus.

Our world and our flesh is value oriented. We have to see value in something to adopt it. What it can do for us. Our world and loved ones who are suffering from anxiety or depression would find great value in Peace.

Sceptics need to see proof of value before they will adopt something. Our lives, how we live through crisis and challenges, are evidence or proof of the value God has to offer.

I pray that we all have the courage to speak and live out the value of God so that others can hear and see Him through us. When others discover there is value in God, their lives will be forever changed.

De Colores!

We who are many are one body

PRAYER NEEDED...

Please let us know of anything you would like the community to pray for.

Please send Requests and Gratitude messages with the subject EMMAUS PRAYER to:

wasatchemmaus@gmail.com

Prayer & Gratitude

Please Pray for our Leaders around our Nation and around the World.

Please take a moment and pray for the following:

- Phil Evans and his health
- Jim Harding and his health

Please pray for all those in our communities who are suffering!

FOURTH DAY! NEW GROUP!!

As part of our growth as disciples, we are encouraged by God’s word to fellowship with other believers.

1 Thessalonians 5:9-11 “For God did not appoint us to suffer wrath but to receive salvation through our Lord Jesus Christ. He died for us so that, whether we are awake or asleep, we may live together with him. Therefore encourage one another and build each other up, just as in fact you are doing.”



Remain Focused

FOURTH DAY GROUPS: (If one will not work, or your group is not listed, please contact Paul at wasatchemmaus@gmail.com.)

Men's:

Tuesdays 8am—Village Inn, 8921 S. Redwood Road- Phil 801-259-2660

Wednesdays 7am—Left Fork Grill (68 W 3900 S , Salt Lake) - Dennis 435-512-2186

Friday 7am—Dee’s Restaurant (4700 S Redwood Rd) - Jerry—801-918-0982

Saturdays (2nd&4th) 9am—10am—Community UMC 163 W 4800 S Ogden 84405 - Gary 970-371-5129

Women's:

Wednesday 7pm - Homes (West Jordan, So Jordan, Riverton) - Nancy 801-915-4304

Saturdays 8:30am— High Point Coffee (7800 S. 1735 W. off Redwood Rd)

Saturdays (1st&3rd) 8:30am—9:30am—Community UMC 163 W 4800 S Ogden 84405 - Pam 801-540-3205

Co-Ed:

2nd & 4th Tuesday 6pm - Hilltop UMC (985 E 10600 S, Sandy) -Rob 801-493-5047



“God is light and in him there is no darkness at all.” 1 John 1:5

My sunroom is suddenly bathed in light! My spirits are lifted. The expectations of short winter days, no longer dim my sense of hope. You might wonder what has made the difference. Why is my home filled with light? It is actually quite simple. I hired a young man to clean my windows – inside and out. It had been 3 years since the last exterior washing. Frankly, I had not really noticed the gradual accumulation of grime but now that it has been removed, the difference is startling.

This new light in my sunroom, has gotten me thinking about my spiritual dimness. Over time, God’s light in my life has gradually dimmed – not because God’s lightness has diminished but because my lenses have become cloudy.

Although, I read my scriptures daily, I am not presently in a Bible study group. I am missing the wisdom of others. I am missing the correction of others. I am missing the discipline of gathering with a community. I need to clean up this area of my life so that I can enjoy the light of scripture more fully.

Following my recent battle with anemia, I have found that it is harder to get back into the rhythm of community service. When habits are interrupted, it is often difficult to begin again. Service to others brings light into my life by reminding me of my blessings. When I resist serving others, I find the darkness of self-centeredness closing around me.

I just started meeting with my fourth day group after a year-long hiatus. This group brightens my life in so many ways. Reflecting with them on those places in my week where I have seen Christ or where I have missed seeing Christ, provides a “light unto my path”. When I am supported by their prayers, I can see my way to make corrections to my route.

The windows of my soul often get a bit clouded. I am so glad that the Emmaus community comes by periodically with a bucket and a squeegee, to brighten up my life. Moreover, I am so happy that I can sometimes carry the bucket and squeegee as well. I can brighten the lives of others by inviting them to attend one of our week-ends or by working one of the walks in the conference room or in the background.

In the dark days of November, it is good to prepare for the brightness of April!

Love,

Olga

SPONSORSHIP

HOW DO WE SPONSOR?

1. Pray for the person's openness to God's call to discipleship, not for how to get him or her to go on a walk.
2. Make an appointment with the person or couple for the person of discussing participating in Emmaus.
3. Extend an invitation; invite the prospective pilgrim to attend for the sake of a more vital relationship with Jesus Christ, not just an event to go to. Share your faith; explain the basic elements of the Walk, its' purpose, and follow-up dimensions that help us live in grace for the rest of our lives. Take the attitude that you are giving the person a wonderful gift rather than that he or she needs to go.
4. Ask the person to make a commitment by filling out the registration form. If the person is married, speak with both partners and encourage equal commitment by both.

Sponsorship is an act of love for God, for the pilgrims, for the Emmaus community, and for the church. It demonstrates agape love, making us instruments of prevenient grace.



Our Website is

www.utwte.org

PLEASE VISIT THE SITE AND
PROVIDE FEEDBACK TO:

Wasatchemmaus@gmail.com

U.S. Adults See Evangelicals Through a Political Lens

While, according to Barna's categorization, evangelicals only make up about 6 percent of the U.S. population, this religious group has assumed a unique place in national discourse. As the U.S. enters another heated election year, a new Barna report shows Americans seem to increasingly view evangelicals through a political lens, which leads to mixed feelings toward this religious group.

Our research has developed a pronounced portrait of this Christian minority over the years, but for this study our aim was different. We set out to understand how the general public perceives evangelicals. We found that, though many people still view evangelicals as a committed group of believers who put their faith first, their political connotation puts the future of American evangelicalism in a precarious spot.

[READ MORE HERE](#)

BOARD CONTACTS

Community Lay Director	Jerry Selbo	801-918-0982	selboj@yahoo.com
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Secretary	Vacant		
Gathering Coordinator	Vacant		
Gathering Assistant	Vacant		
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Pre-Walk Registrar	Terry Waite	801-809-6190	terwaite@aol.com
Member at Large	David Sauer	801-661-5168	davidcsauer@hotmail.com

GRACE AROUND THE WORLD!

God Answers Prayer: Linda's Story

by Jennifer O. White



Linda was deeply concerned about her son who was in a relationship with a Jezebel (a woman engaging in immorality, idolatry, false teaching and unrepentant sin). After learning even more painful truth of her son's situation, Linda got in the car and said to the Lord, "I can not hear one more word about this. I just want to know what You and me are going to do about it."

I love Linda's boldness to go before the Lord with her request. Do you notice how she did not ask God what He was going to do or what God wanted her to do? She asked what are "we" going to do about it. In my mind's eye, I see her approaching the God of Angel Armies asking Him to intervene and awaiting her own marching orders.

God's response to Linda was "worship Me." Linda reminded Him that she loved to worship Him and practiced doing so regularly.

So Linda decided to obey God's simple request and to add sacrifice to this worship He was calling her to. She decided to get up early to worship Him and asked God to awaken her to do so. The very next morning she awoke at 3am and spent an hour dancing before Him, praising Him while in her nightgown.

Each day following, she awoke at 3am without the help of an alarm. She turned on her praise and worship music and danced before the Lord.

[READ MORE HERE](#)

FROM THE BOARD

Board Goals for 2017—2018

1. Include more Clergy from outside our present community to attend and participate in future Walks to Emmaus.
2. The community should provide a schedule for monthly meetings which should provide six months in advance of future Walks to Emmaus.
3. Investigate the possibility of using a Conference Center to house and feed future Walks to Emmaus.
4. Receive and listen to objections of past participants of the last walk.
5. Communicate better within the Walk to Emmaus community, pilgrims, Clergy, and volunteers.
6. Reach out to get broader participation from non-denominational and other mainline Christian Churches.



These goals were discussed and it was agreed the Communications and Planning actions must start right away for the Walk to Emmaus for 2018.

**Whatever you do, work at it with all your heart, as working for the Lord,
not for human masters.**

MESSAGE FROM OUR COMMUNITY LAY DIRECTOR



Greetings,
As we enter the Advent season, I'm thinking of something that happened many years ago, when Cindie and I were living in Spokane. We had gotten a potted Easter lily around Easter time. After the blooms were gone, we planted it on the north side of our house where it was shady, and kind of forgot about it. In early December, with snow on the ground, I walked around the side of the house, and here was our Easter lily in full bloom! Cindie dug it up and put it in a pot. She was doing the children's message at church that coming Sunday. She put the plant into a paper bag. When the children came up, she asked them what kind of plant they think about when they think of Christmas. Most said a Christmas tree or a poinsettia. Then she pulled an Easter

lily out of the bag, and there were audible gasps from the congregation! She told the story behind the plant, but the main point was this: We know how the story ends. While we are celebrating the joy of the season and the birth of the baby Jesus, we should also remember how the story ends. Jesus came to give us new life through his death and resurrection. May we always remember that we serve a God who loves us enough to give us his only son. Our God is not a God of just Christmas or Easter, but every day of the year. May we love and serve him with our whole hearts each and every day.

De Colores!
Jerry Selbo
Community Lay Leader

